

Expedition #SkillsForLife

- Want to support expeditions to help young people gain Top Awards?
- Looking to take your Beavers on a ramble or nature walk for their My Adventure challenge?
- Do your Cubs need to go on a hike to complete their Our Adventure challenge?
- Want to help your Scouts earn their Hillwalker badge or Expedition Challenge?
- Need to support your Explorers to do their DofE or Chief Scout's Awards?
- Network members wanting to climb mountains in the Alps?
- Or just want to support your section to get their first Hikes Away staged badge?

We have just the event to support you!

Enjoy a residential social environment with other adults, whilst learning the basics and new skills for leading walks with groups, or get more advanced and do training towards a hillwalking permit. If you're ready, we've got someone on hand to assess you for a hillwalking permit. We also have DofE courses running for those that want to get involved in expeditions.

18-20 January 2019, Plas Dolygaer, Brecon Beacons

Cost £17 inclusive of food and accommodation, plus £5.50 per course for either of the DofE courses. (Day rate of £15 inclusive of DofE fee available for Expedition Assessor course only)

Please see session details below, and book online at

<https://booking.scoutscymru.org.uk/>

Introductory workshops

Hike where?

Friday evening's social session to meet and get to know other leaders and some of the instructors who will be helping you through the weekend, a great time to swap ideas, stories and photos.

Interpreting an OS map

If you've never used an OS map before, or need a little refresher, this session will look what's shown on a leisure map, and how to relate this to the world around you.



Equipment, packing and food

Looking at clothing and equipment you might need for a hike, including small stoves for cooking your lunch!

Navigating with an OS map

It's time to get outside and go for a short walk around the local area. Learning how to use the map to identify features and find your way around.

Route planning/Walking with a group

On Saturday evening learn how to prepare for a hike, choose objectives for a group, and plan your walk, including preparing a route card.

Then spend a half day on Sunday walking the route you've planned, learning more about managing walking groups along the way.

Introduction to geocaching

Learn about how GPS and geocaching works, the different types of caches that are hidden. Then go out for a short local walk to hunt for some!

Hillwalking training

If you're already comfortable using an OS map to follow footpaths in open countryside with standard hiking equipment, and are reasonably fit, this option allows you to spend two days on the hills in the local area learning the skills you would need to obtain a "Terrain 1" hillwalking permit for the hills of South Wales in normal (ie non-winter) conditions.

Duke of Edinburgh Award

For any of the DofE courses, the [online e-induction must be completed prior to the course.](#)

Expedition Supervisor Training Course (ESTC)

This course covers techniques and planning for remote supervision. If you are looking to run DofE expeditions at any level, help your Scouts complete their expedition challenge, or learn the skills to upgrade your hillwalking and/or water activity permit from leader to supervisor, this is the course for you.

Cost: £5.50 extra administration fee for DofE certificate.

Expedition Assessor Accreditation Scheme (EAAS)

This is the course that will enable you to become a DofE expedition assessor.

Cost: £5.50 additional administration fee if attending as part of the weekend for registration with DofE. £15 'day rate' including hot lunch available for Scouts volunteers if just booking this course.

Delegates must complete an application form and have it countersigned by their relevant DofE Advisor before they will be accepted onto this course.

This course (only) is also available to those wanting to before DofE assessors for other Licensed Organisations at a cost of £35. Please contact dofe@scoutscymru.org.uk for more information.

Timetable

Here's a rough outline of when the sessions will run over the weekend – don't forget there's lots of things going on during the weekend but you can only attend one thing at a time!

	Skills workshops		Training	DofE
Friday eve	Hike where?			Introduction to the DofE
Saturday	Interpreting an OS map		T1 permit training part 1	Supervisor training
	Equipment, packing and food			
	Navigating with an OS map			
Sat eve	Route planning			
Sunday	Walking with a group	Introduction to geocaching	T1 permit training part 2	Expedition Assessor accreditation course

Want more?

We are looking to add some more workshops to the timetable depending on trainer availability. We are also looking to put on a T1 hillwalking permit assessment subject to assessor availability. Please keep an eye on the ScoutsCymru website and Facebook page or email activities@gwentscouts.org.uk to register your interest in this.